



ACHIEVEMENTS OF NCK IN COVID-19

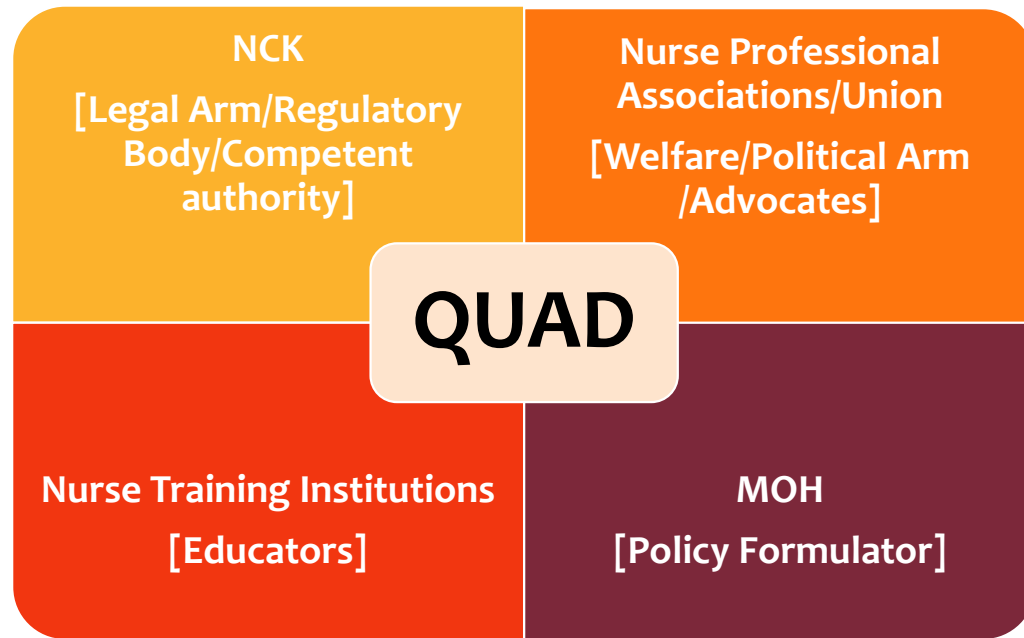
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Registrar/CEO
Nursing Council of Kenya

25th August 2020



Introduction

Nursing in Kenya is guided by 4 pillars:



The 4 must work together.



Mandate

Nursing Council of Kenya (NCK) is established by the Nurses Act Cap 257 of the Laws of Kenya to regulate standards of Nursing education and practice:

- As a regulatory body, it has the legal mandate to ensure quality nursing education and safe practice



- **Vision:** A world class regulatory body in nursing education and practice
- **Mission:** Develop standards; enforce regulations in nursing education and practice

Integrity

We are called to act in an honest manner and promote just use of resources entrusted to us for the enhancement of human life

Social Responsibility

We care for the patient, family, community and the environment to enable healing, collaboration and fulfillment of human potential

Innovation

We thrive on creativity and ingenuity. We seek the innovations that are evidence-based and data-driven to bring a positive change in healthcare, nursing education and research

Excellence

We pledge to promote quality health services that surpass the individual's and populations' desired health outcomes



Nurture

Every person, patient or client is at the heart of everything we do; with a right to be respected, accepted and cared for

Professionalism

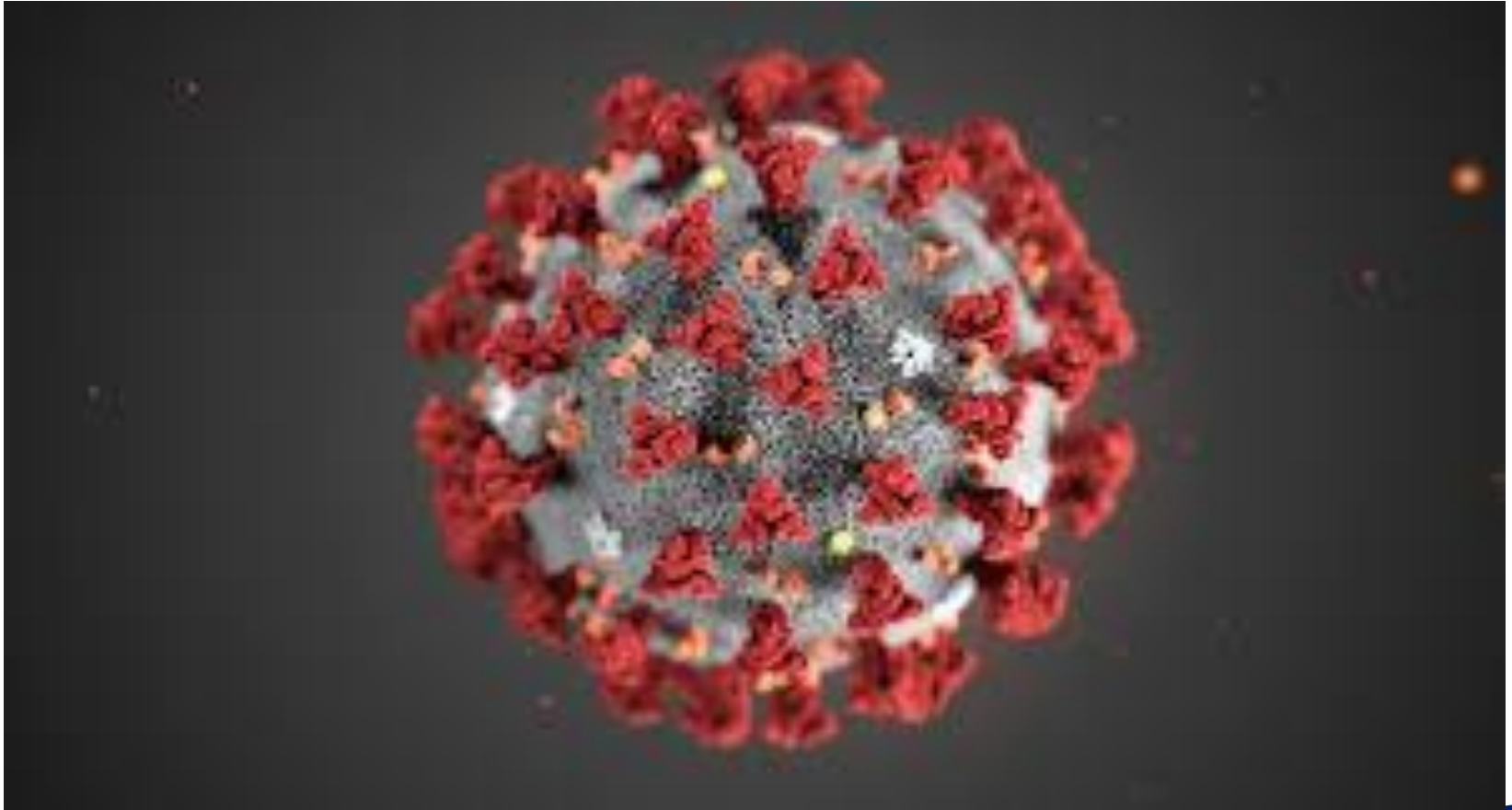
We value our colleagues, our work and our accomplishments and take pride in bringing our rich tradition of hope and healing to every person in our care

Responsiveness

We advocate for the patient's right to optimal and timely healthcare.



CORONA VIRUS - COVID-19





COVID-19 - What we know

- Global Pandemic
- Infectious disease
- Has no cure or vaccine
- Has affected nearly all aspects of human life ; Health, education, religion, business, social interactions etc



Key affected areas - Challenges

- Organizational Operations
- Staff welfare
- Infection management and preparedness
- Healthcare workforce
- Mental health for healthcare workers



Teaching and learning during Covid 19 Pandemic

- The government of Kenya like many other countries, has implemented measures to “flatten the curve” of the coronavirus pandemic.
- These measures were aimed at reducing the number of new COVID-19 cases on a daily basis. These included restriction of movement and closure of training institutions at all levels among others.
- Discussions are still ongoing on how to open up the education sector however there have been developed several protocols to address teaching and learning particularly in tertiary institutions
- Approximately 70% of nursing and midwifery training institutions in Kenya offer face-to-face training. The rest offer blended mode of delivery. This has necessitated rapid change from face-to-face to online.



Teaching and Learning



- Admission of students and orientation to nursing & midwifery training institutions.
- Student management, monitoring and evaluation during training
- Teaching of theoretical content.
- Formative and summative assessments
- Investments in systems required to support online teaching
- Preparation of faculty to manage online teaching (skills and attitudes)
- Paradigm shift for learners from face-to-face environments to online engagement



Licensure Examination

- Disruption of licensure examinations
- Exploring administration of licensure examinations online
- Review of business processes to support online administration





Examinations online: Steps

- Secure online Examination Management System
- Benchmarking.
- Development of guidelines and protocols
- Preparation of system requirements
- Procurement
- Assessment of Centers
- Stakeholders Engagement
- Training
- Preparation of exam bank
- Scheduling of Candidates
- Feedback



Clinical Experience

- a) Clinical placement and teaching practice was put on hold until such a time when they can be implemented effectively.

- a) Practical assessments were put on hold until such a time when the student has undertaken the prerequisite clinical placements.

- a) There was need to develop/evaluate protocols for students on clinical practice

- a) Limited PPEs..... PPEs for students? Legal implications?



Organizational Operations

- a) Strengthening ICT infrastructure and implementation of online services e.g. Online renewal of licenses
- b) Governance structures: E-board to support Council meetings: Enterprise Resource Planning(ERP)
- c) Online service portal: Automation of the council processes
- d) Online Licensure Examinations
- e) Development and/or review of documents: Scope of Practice, curriculum reviews



Competency Enhancement

CPD POINTS REDUCED

Annual retention requirement of CPD hours has been reduced from 40 CPD points to 20 CPD points for nurses and midwives

CPD points can be earned through:

- ✓ Free online courses from WCEA Education Portal & Mobile App
- ✓ RCNi Modules
- ✓ Accredited CPD Providers
- ✓ Academic study
- ✓ Seminars
- ✓ Webinars
- ✓ Workshops e.t.c

MORE INFO:

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a) NCK facilitates free Continuous Professional Development (CPD) courses as a requirement for online renewal for nurses to enhance knowledge on current and developing issues in healthcare e.g Covid-19

b) CPD delivery: Partnership with WCEA and other CPD providers through the platform

c) Free CPD courses for nurses and midwives

d) Annual online licensure

Register in advance for this webinar:
[us02web.zoom.us/webinar/regist...](https://us02web.zoom.us/j/81212020000)

Retention and CPD Webinar

Thursday, August 6, 2020 | 6PM

Are you experiencing challenges in renewing your license?

Do you want to know the requirements of renewing your license, where to access online CPD courses, how many CPD points are needed for retention, CPD self-reporting or facing any challenges in accessing the Online Services Portal?

Register in advance for this webinar!!!



Human Resource for Health





COVID-19 Preparedness

- a) The Council and other regulatory bodies under the Ministry of Health are jointly undertaking inspections visits across counties to assess county preparedness in the fight against the Covid-19 pandemic
- b) HRH is at the forefront in the fight against the pandemic
- c) NCK under the MoH; Advocacy on adherence to the standards of nursing and midwifery practice: HRH and facility preparedness committee.



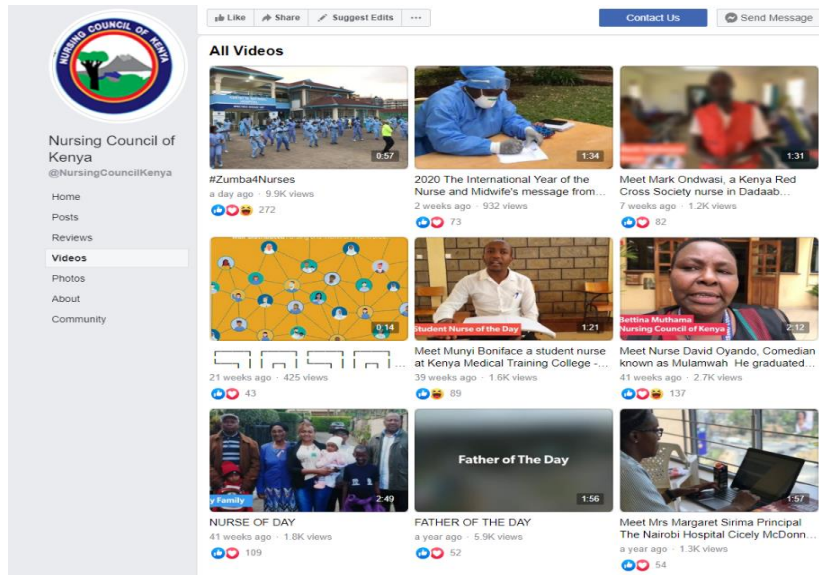


Communication strategy

- a) Social media platform
- b) Dedicated team
- c) Continuous dialogue with stakeholders
- d) Complement efforts to raise the Nurse and midwife profile



Nursing Council of Kenya
 11 Comments · 6 Shares
 2020 The International Year of the Nurse and Midwife's message from Nursing Council of Kenya Chairperson Prof. Eunice Ndirangu on the International Day of the Nurse 2020 #IDN2020



Meet Mark Ondwasi, a Kenya Red Cross Society nurse in Dadaab Refugees Camp.
 Nursing Council of Kenya
 15 Comments · 10 Shares



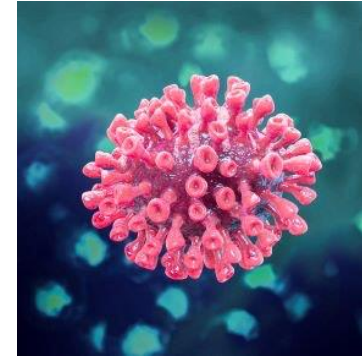
Zumba for Healthcare Workers!





Zumba – Mental Health for Healthcare Workers

- a) The COVID-19 pandemic has strained health systems in our country with the rapidly increasing demand on health facilities and healthcare workers.
- b) Health systems overstretched and unable to operate effectively.
- c) The frontline workers, especially nurses and midwives are strained from long working hours coupled with mental and physical drain.
- d) Need to have innovative strategies to support the psycho-social support
- e) NCK has undertaken a series of Zumba activities to support the mental health of healthcare workers and uplift their spirits during this Covid-19 pandemic.
- f) Zumba fitness is proven to promote psychological wellbeing, help relieve stress and improve cognitive skills and prevent cardiovascular disease among other benefits.





Next steps...

*"Life is not about waiting for the storm to pass...
its about learning how to dance in the rain."*

Anonymous





- ❖ As a regulator, unique voice and perspective.
- ❖ Review of the Act: Regulations on Fitness to practice, Private practice, Specialist register.
- ❖ Tools: Review of scope of practice; Standards of practice in education & practice; and Code of ethics.
- ❖ Review the education and training framework
- ❖ Knowledge Management platform
- ❖ Talent development and opportunities

Thank you...



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