

## SCIENTIFIC ABSTRACT

### EVALUATION OF CPD PROVIDERS' ADHERENCE TO CONTINUING PROFESSIONAL DEVELOPMENT

#### GUIDELINES OF NURSING COUNCIL OF KENYA IN MERU COUNTY

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**Introduction:** As CPDs play significance role to nurses, several countries are executing compulsory continuing professional development programmes. Continuing professional development connotes sub-set of adult education that seeks to positively link the needs and aspirations of individuals with educational activities, for development of their potentialities, and for socioeconomic and political development of a nation or state. Despite the adoption of CPD in Kenya, the conformity to the CPD guidelines of Nursing Council of Kenya is still inadequate as quality nursing and competence has been observed to occasionally fail to meet the stipulated standards. This study aimed at evaluating adherence of CPD providers to Continuing Professional Development guidelines of Nursing Council of Kenya. Continuing professional development is the only indisputable way of keeping nurses knowledgeable, abreast with the emerging and re-emerging issues and a way of maintaining their competences in the nursing practices.

**Study objective:** To find out CPD providers' adherence to the continuing professional development guidelines of Nursing Council of Kenya.

**Methodology:** The study was carried out in Meru County using a descriptive survey research design. Fisher's *et al* (1998) formula was used to draw a sample size of 276 respondents. Data was collected from the CPD providers, nurses and health administrators in the County Government of Meru. Only nurse practitioners who had worked in Meru County for more than one year were interviewed. Data were analysed using appropriate programmes (SPSS Version 22). The raw data was cleaned, coded and computer entry file created. Descriptive statistics and correlation analysis were used to determine the relations between variables.

**Results:** The study revealed that some of the providers were not accredited by the regulatory bodies and their trainers were not competently certified by NCK and other regulatory bodies.

**Conclusion:** The CPD providers should be accountable for all the activities in case there is a trainer who is not accredited, and their license should strictly be revoked if they are not abiding with the NCK set guidelines.